

We use <u>Conscious Discipline</u> to help children handle big feelings.

Conscious Discipline is a 30-year-old, research-based, socialemotional learning and classroom management program with a proven track record of sustainable results.

The three core components of Conscious Discipline are:

Safety: Learning self-regulation creates safety to enhance every person's ability to recognize and manage physiological and emotional upset.

Connection: Creating a compassionate School Family culture motivates adults' and children's willingness to engage in healthy relationships, help each other be successful and change perceptions about conflict.

Problem-solving: Changing our response to conflict and upgrading social-emotional skills boosts all of our ability to adapt to changing situations and cultivate resiliency.

Learn More at Conscious Discipline.com



Green Room

- 2-3 years
- 12 children
- 2 teachers
- 1 teaching assistant



Parent Night



Yellow Room

- 2.5-3 years
- 14 children
- 2 teachers
- 1 teaching assistant









Blue

Roponds 19 children

2 teachers

1 teaching assistant





Click to hear Purple's Alphabet Band!



Purple Room

- 3-5 years
- 19 children
- 2 teachers
- 1 teaching assistant





Orange Room

- 3-5 years
- 20 children
- 3 teachers

This two-story classroom uses Montessori philosophy on the second floor and Developmental philosophy on the ground floor.











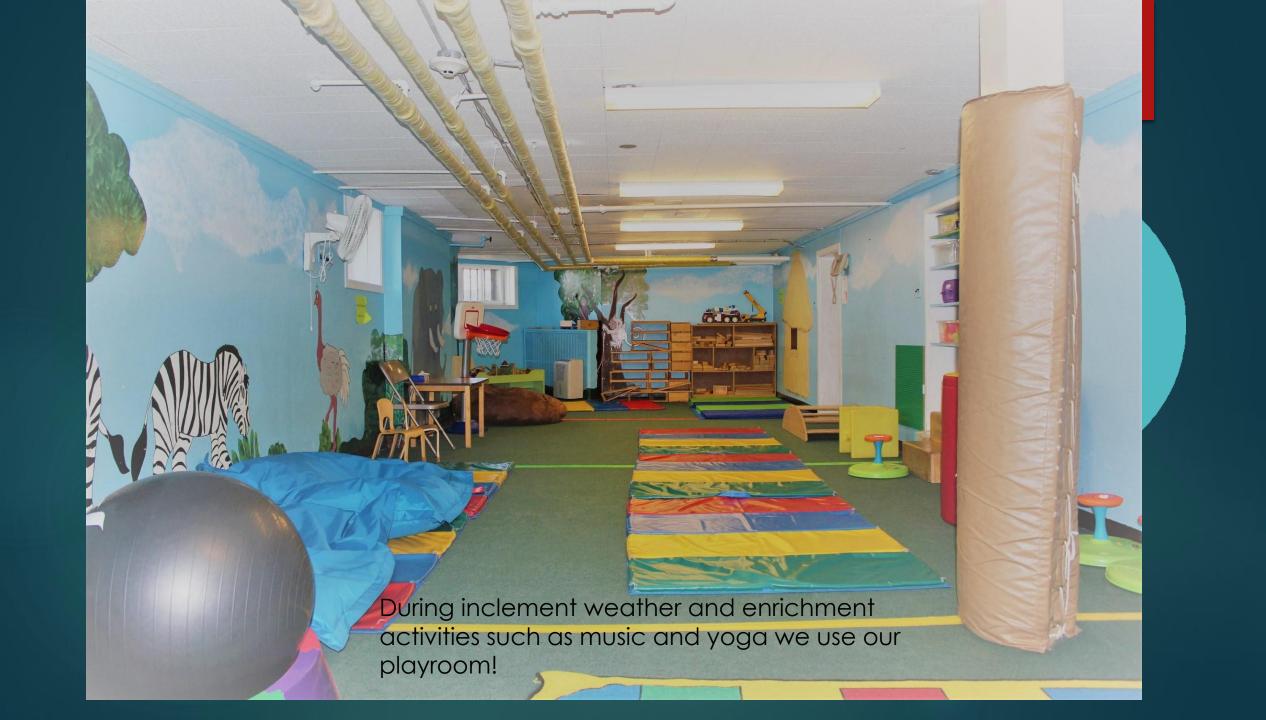




Children love to work in our many gardens.

We have a vegetable garden where children learn how seeds turn into the foods we love to eat!





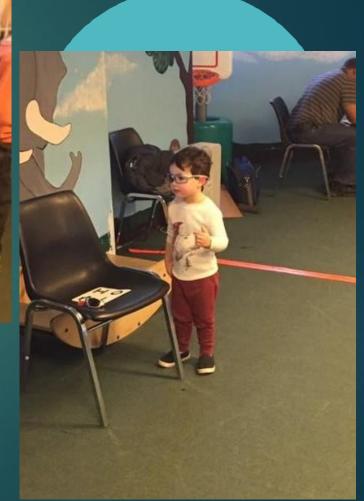
During the year we have several visitors.





Vision and Hearing Testing

Dental Hygiene Lessons



Northwestern students bring the Jumpstart literacy program to the Center for the 3-5 year olds twice a week.



Jumpsta!

Education is not the learning of facts, but the training of the mind to think.

- ALBERT EINSTEIN

Creativity, analytical thinking, and storytelling are the keys to future success, and all begin with consistent, playful, and intentional high-quality early learning.

For enrollment information and to schedule a tour please call (847) 869-2680 or email Ann Rappelt at rappelt@lbeec.org

For information on supporting Learning Bridge and its's mission please contact Stacey Jacobs by email at jacobss@lbeec.org.